

ULTIMATE

MAG

All about **BEAUTIFUL** women

PAIGE LINDENBERG
1st PLACE:
WOMEN IN
MOTORSPORT!

The **3**
top women
in our competition!

AMAZING
IDEAS!!!
CHRISTMAS



ROX -ANNE



LEX

SIZLING
CHRISTMAS
FASHION



DEC 2023





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The most inspirational woman in Motorsport



PHINDILE NDEBELE WOMAN OF THE YEAR 2023

Phindile has won our Woman of the Year by a landslide, this powerhouse lady is a qualified Health and Safety Officer, Entrepreneur in a liquor business and even has her own gin, Queen, as well as writer and author of the book, Umakoti!

Ultimate Magazine will be having loads of fun to introduce you to this phenomenal lady as we implement her prizes!
Read all about her ventures in the next edition!

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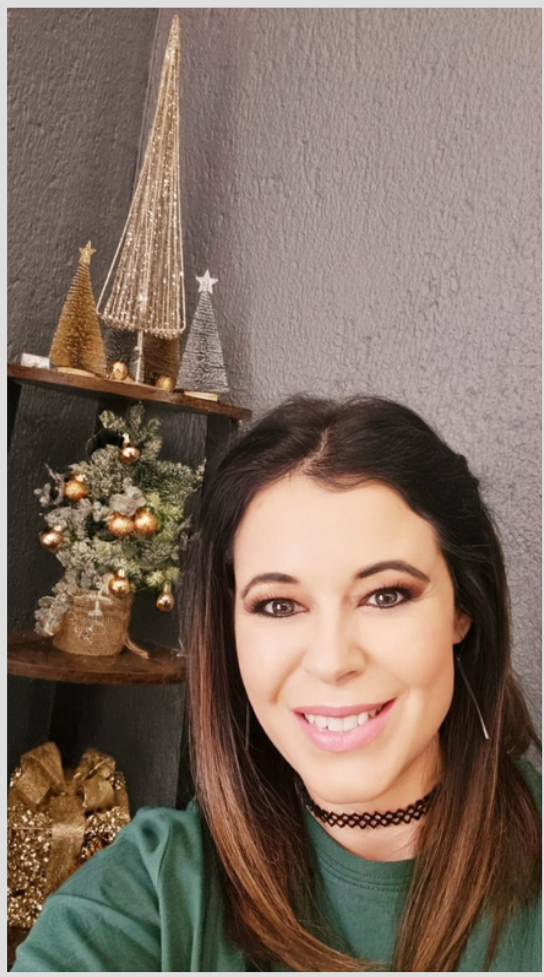


Compilation:

HAPPY HOLIDAYS



Editor's Note



Wishing you a Merry Christmas and a New Year filled with prosperity, peace, and continued shared moments with Ultimate Magazine.

Warmest regards,

Yolandi Strauss

Editor-in-Chief

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Dear Ultimate Magazine Readers,

As we reflect on an incredible year, filled with exciting launches and memorable encounters with many of you, we find ourselves in the midst of the festive season, ready to embrace the joy and warmth it brings.

This year has been a journey of growth, connection, and shared experiences. We've had the privilege of getting to know you, our valued readers, and your unwavering support has been the driving force behind our success. Launching this magazine was a labor of love, and the joy of reaching so many passionate individuals like you has truly made it a special endeavor.

As the holiday season envelops us in its enchanting glow, I want to take a moment to extend my heartfelt wishes to each and every one of you. May this Christmas be filled with amazing cheer, love that knows no bounds, and joy that lingers in your hearts throughout the coming year.

Let's cherish the moments spent with loved ones, appreciate the warmth of togetherness, and find delight in the simple pleasures that make this season magical. Here's to the spirit of Christmas spreading goodwill and creating lasting memories.



It is the thought that counts
not the amount.
Give from the heart.



Being Authentic vs Being Fake

Renske Lammerding

Maintaining healthy boundaries and not sharing every detail of your personal life publicly is not a sign of being fake but rather a wise and balanced approach to interpersonal relationships and self preservation. I truly believe this practice is essential and wise.

Protecting the people you love and your heart is an admirable quality. I believe we all need practical guidelines to help us discern how to be authentic, without being deceitful.

Normalize Respecting Privacy- Setting boundaries around your

personal life demonstrates respect for your own privacy and the privacy of others. It acknowledges that not everything needs to be exposed to the public, and some aspects of life are meant to be kept within a close-knit circle. This respect fosters trust and deepens connections

with those you choose to confide in.

Protect Your Vulnerability- Not everything in life is smooth sailing, and everyone experiences challenges, failures, and vulnerabilities. Sharing these aspects of your personal life selectively

rather than publicly can protect you from unnecessary judgment, criticism, or exploitation. It allows you to choose when and with whom to share your vulnerabilities. It also protects the people you love and care for.

Maintain Your Authenticity- Healthy boundaries do not equate to being inauthentic. Authenticity is about being true to oneself, and sometimes, that means not sharing every detail of your life with the world. It's about choosing when and how you express yourself without feeling

pressured to conform to external expectations.

Your Mental Health Is Important- Constantly sharing every aspect of your personal life on social media or in public settings can be mentally exhausting and emotionally draining. It can lead to a sense of

being constantly observed and judged, which may contribute to anxiety or depression.

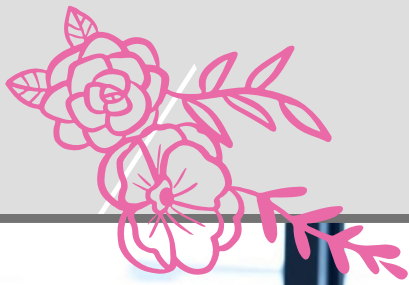
Healthy boundaries protect your mental well being by allowing you to disconnect and recharge privately.

Renske

Whatever your religion...
Whatever your view point
Whatever your believes...

We are wishing you the happiest, safest
holiday season.





Mental Health is your new wealth



During covid lockdown, I observed a sharp increase in mental health admissions at various psychiatric institutions. This led to healthcare providers learning that self-care forms a large part of mental health. Mental health became the new wealth. It became evident that neglecting self-care may lead to mental health issues.

During lockdown majority of individuals worked from home. Working from home led to most waking up in the morning and jumping on to their work duties without first grooming, as they would if they were expected to report to their respective offices. In such instances the body may feel unappreciated and uncared for, this is then reciprocated in turn by your brain slowing down, low energy levels, low motivation, and various other mental illness symptoms, that may hinder your ability to continue functioning and suffering a mental breakdown.

What is mental health? Mental health includes our emotional, psychological, and social well-being. Mental health affects how we think, feel, and behave.

Mental illness on the contrary refers to a wide range of conditions that affect mood, thinking, and behaviour. Examples include amongst others, clinical depression, anxiety disorder, bipolar disorder, dementia, attention deficit hyperactivity disorder, schizophrenia, obsessive-compulsive disorder, autism, post-traumatic stress disorder. Mental illness affects everyone, it knows no race, gender, ethnic group, age, and socioeconomic background. Not a single individual is immune from mental illness.

The main key to mental wellness is self care. Let's talk self care. Self care includes your day to day routine aimed at ensuring a healthy lifestyle. It is not a periodic intervention that an individual implements in emergency situations. Self care is a lifestyle that every individual needs to intentionally adopt on long term basis. One needs to be mindful about their hygiene routine, diet, medical care, mental care, physical care, and all other areas affecting your health and wellbeing.

Remember it costs less to care for yourself as opposed to treating an illness. My grandmother used to say, prevention is better than cure.

Dr. Fiks

Breathe





Dopamine Dressing!



When I dress well, I feel well!
One of the best feelings is
being positively happy
about what you wear!

Yofandi

Elevate Your Mood Through Fashion

Introduction:

In a world where self-expression and personal well-being are paramount, fashion enthusiasts have discovered a powerful secret weapon: dopamine dressing. This innovative concept merges fashion and psychology, allowing you to not only look great but also feel fantastic. Join us as we explore the art of dopamine dressing and learn how to create outfits that boost your mood and confidence.

Understanding Dopamine Dressing:

Dopamine is a neurotransmitter associated with pleasure and reward. It's what makes you feel good when you achieve a goal, eat something delicious, or receive a compliment. Dopamine dressing harnesses the power of clothing to trigger those same feel-good sensations, helping you build confidence and positivity.

1. Choose Vibrant Colors:

The first step in dopamine dressing is to infuse your wardrobe with vibrant colors. Bright shades like red, yellow, and orange are known to evoke feelings of joy and energy. Incorporate these hues into your outfits through clothing items, accessories, or even makeup. Don't be afraid to mix and match bold colors to create visually stimulating combinations.



2. Dress Comfortably:

Comfort is key when it comes to dopamine dressing. Choose clothing that feels great against your skin and allows you to move freely. Fabrics like soft cotton, breathable linen, and stretchy materials will keep you comfortable all day long. When you feel comfortable, your body releases more dopamine, enhancing your overall mood.

3. Find the Perfect Fit:

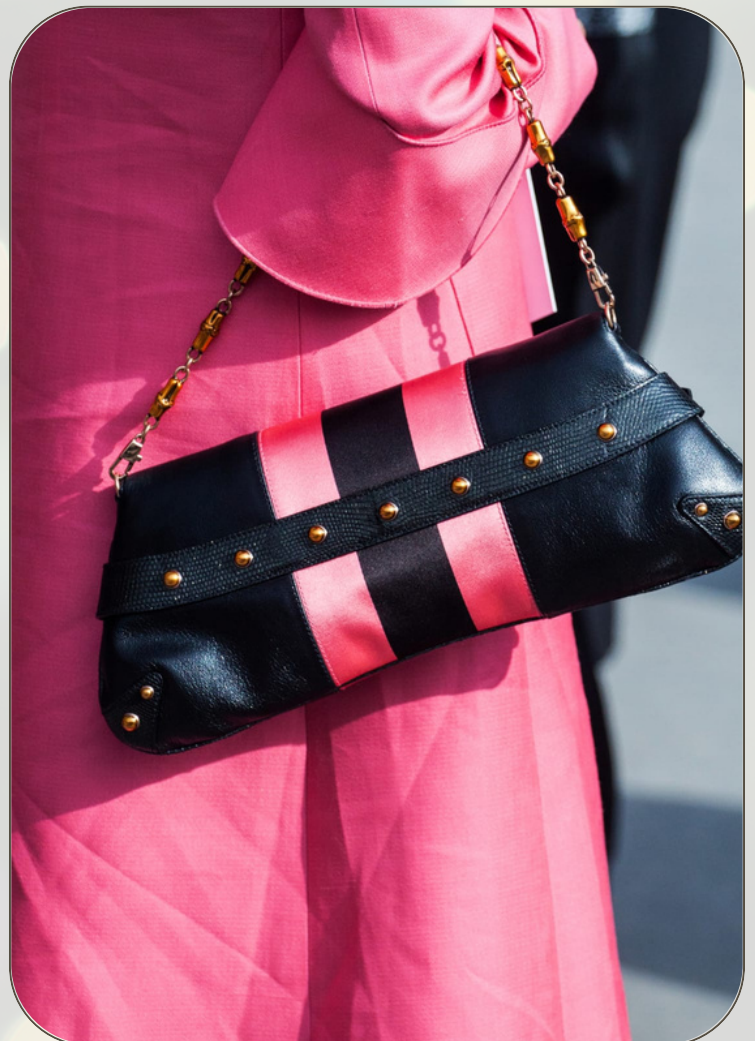
Wearing clothes that fit well can significantly boost your confidence. Take the time to get your clothing tailored if needed. A well-fitted outfit not only flatters your body but also enhances your posture, making you feel more self-assured.

4. Embrace Patterns and Prints:

Experiment with patterns and prints that make you smile. Whether it's floral, polka dots, stripes, or abstract designs, choose patterns that resonate with your personality. These visual elements can evoke positive emotions and add excitement to your outfits.

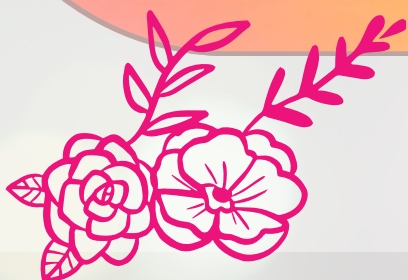
5. Express Yourself:

Dopamine dressing is all about expressing your unique personality. Incorporate clothing items that reflect your interests, hobbies, or cultural background. Personalized accessories, such as jewelry, scarves, or pins, can also be a delightful way to express yourself.



6. Celebrate Achievements:

Use your wardrobe to celebrate your accomplishments. Create a "victory" outfit or a favorite piece of clothing that you wear on special occasions or when you've achieved a goal. This not only reinforces positive feelings but also provides a tangible reward for your efforts.



7. Experiment and Have Fun:

Remember that dopamine dressing is about having fun with fashion. Don't be afraid to experiment, mix and match, and push your style boundaries. Trying new things and stepping out of your comfort zone can be a thrilling experience that boosts your mood.

Conclusion:

Dopamine dressing is a captivating fusion of fashion and psychology that can elevate your mood and self-confidence. By incorporating vibrant colors, comfortable clothing, and personal expression into your wardrobe, you can harness the power of dopamine to feel great every day. So, go ahead, open your closet, and let your fashion choices be your path to a happier, more confident you.



Dopamine Dressing!



The Sun..... The Sea.....And Me



Ultimate Magazine Competitions


We had the most gorgeous competition winners in our Beauty and Fashion Series! Meet the ladies, and lets follow them into 2024!

Our Top prestige!

ultimate_um_magazine

Beauty winner

September Ultimate Magazine 2023



Rox-Anne


ultimate_um_magazine Congratulations @Ps_roxy for winning the Ultimate Magazine Beauty category 🥂🥂🥂

@lex_hewson

ultimate_um_magazine

Model winner

September Ultimate Magazine 2023



Lex Hewson


ultimate_um_magazine Congratulations to Lexie for winning the Ultimate Magazine Model Competition
💖🥂💖 ... more

@c_fefe

ultimate_um_magazine

2nd Prize

September Ultimate Magazine 2023



Faith Chuma


ultimate_um_magazine Congratulations @c_fefe for achieving 2nd place in Ultimate Magazine Competition

@delita_bonita

ultimate_um_magazine

3rd Prize

September Ultimate Magazine 2023



Delita Sousa

ultimate_um_magazine Congratulations, Delita Sousa, our reaching 3rd place in the Ultimate Magazine Model Competition
🥂🥂🥂 ... more

@jemimahkays

ultimate_um_magazine

Most Photogenic

September Ultimate Magazine 2023



Jemimah Kandemiiri

ultimate_um_magazine Congratulations, @jemimahkays, for being chosen as the most photogenic model in the Ultimate Magazine Model Competition... more

*Rox-Anne
Maistry*



Lets get to know a bit more about Rox-Anne!

1. What inspired you to enter this competition, and what does it mean to you to hold this title?

♥(I'm giggling) do you really want to know...mwah... can you handle the truth.) well here goes..... Tell the truth and shame the devil...I saw there was a cash prize.....

♥Now now, before you judge me, hear me out.....

♥I wrote a book titled WHO TOLD YOU? Which is a book of my life from childhood to adult. However, due to financial responsibilities, I am not able to publish it. So, me thinking loud ... the cash prize mentioned in this competition could just be the answer to prayer. Even if it will cover a deposit to pay for the book to be published... I take it LOL 😊

♥But on the other hand my 2nd truth ... it's been a hidden dream to be featured on a Cover Page of a magazine.



1b) What does it mean to you to hold this title?

♥The fact that I WON the Beauty category is overwhelming. Growing up I faced a lot of bullying in school. I suffered with acne, that left some horrible scars, which only recently has disappeared. Growing up, I felt unattractive, embarrassed, and self-conscious.

♥The world isn't a perfect place, but I don't let negative things stop me. I've made mistakes and everything that I've been through has led me to this point of been unstoppable in the things I want to achieve. It is for this reason that I hold this title with joy and happiness and to send a message out, if I can, so can you.



2. How have your experiences in this competition helped you grow as an individual?

♥My abilities growing up was always underestimated. Such competitions built my confidence, that I am to achieve as I believe.





3. *Beauty is often associated with inner confidence and self-assuredness. How do you embody these qualities in your daily life?*

♥ My life has been harder than people realize, but I turned my sorrow into beauty and my sadness into strength. I'm not perfect and I don't claim to be. What you see is what you get from me. I'm as real as it gets, and I don't try to be someone I'm not.

4. *What social or community causes are you passionate about, and how do you plan to use your title to make a positive impact?*

♥ I'm passionate about helping people of any age, race, to find their purpose in life. I try through my personal experiences to help them find their inner strength and bring out their gifts/talents. new things. I love working with individuals to create their personal vision statements. To truly find your life purpose, one needs to come to terms with what is right for your life and believe deep within you. I am passionate about helping people to truly owning their life.

♥ When our circumstances change, we may struggle with redefining our purpose and can feel unfulfilled as a result. Our purpose is closely linked with our identity, values, and sense of self.



4b. *How do you plan to use your title to make a positive impact?*

♥ I would use this title to remind people that grapes must be crushed to make wine. Diamonds form under pressure. Olives are pressed to release oil. Seeds grow in darkness. My simple message is, that whenever you feel crushed, under pressure, pressed, or in darkness, you're in a powerful place of transformation. Trust the process.

5. *How do you believe beauty and intelligence intersect, and how do you personally exemplify this combination?*

♥ It is said, that the brain has an upper say over beauty. The inner beauty of the person can make one succeed, but the external looks alone cannot excel in life. Brain undoubtedly has the stronger domination to rule the world in comparison to the external outlook and beauty.

5b. *How do you personally exemplify this combination?*

♥ I work daily toward been Confidence, kind, happy. On the other hand, my take is that EVERYONE is beautiful, because GOD doesn't create junk.

6. *In today's diverse society, how do you plan to promote inclusivity and celebrate different forms of beauty within your community?*

♥ By acknowledging and valuing diversity, working together toward creating a community where everyone feels welcomed, respected, and included. Have an open, honest, and respectful communication.

♥ The easiest way to keep diverse beauty is to surround myself with different campaigns that promotes inclusivity. I get very inspired just by exploring the different styles of inclusivity.





LEX HEWSON



Ultimate Magazine: Model

Chatting to Lex!

1. What motivated you to pursue a career in modelling, and how has this journey shaped you as an individual?

My mom encouraged me to start modelling after she found out about Ace Models Academy. I joined classes with Courtney Talbot, director of Ace Models Midlands and I have absolutely loved it. Not only did modelling improve my confidence, but it also gave me opportunities to meet many amazing and creative individuals. It allowed me to come out of my comfort zone and take part in things which I never would have done before - such as competing to be a cover model for a magazine!

2. Modelling often involves adapting to different styles and looks. How do you maintain your unique identity while embodying diverse personas on the runway or in front of the camera?

Modelling is very creative and artistic. My job as a model is to bring the designer's vision to life. Despite altering my aesthetics, such as wearing bold makeup and high fashion outfits or wearing a hairpiece to make my hair longer, I always stay true to myself and my values by being kind, polite and smiling on set (even if I'm taking non-smiling pictures).

3. In the fast-paced world of fashion, how do you prioritise self-care and mental well-being to ensure you're performing at your best?

My support system is my family, and they are also my biggest supporters. I can always rely on them when I need help and extra care. In order for me to be the best version of myself, I like to surround myself with positive people who have similar values as me and to live according to my faith. In terms of physical health: Regular exercise, nourishment and eight hours of sleep are key factors in keeping me energised during the day- especially during six-hour photoshoots.

4. Models can serve as powerful influencers. How do you plan to use your platform to promote positive messages or causes that are important to you?

Everyone who uses social media has the opportunity to make a positive change, no matter how big or small their platform is. I make sure that my social media page conveys kindness, honesty and acceptance as I strive to be a positive role model for younger girls. My goal is not to have a large following but rather to connect with others who share similar interests and hobbies.

5. Fashion has a significant impact on culture and society. How do you envision yourself contributing to positive changes within the industry, such as inclusivity and sustainability?

It is very important to me that the brands and magazines I work with prioritise inclusivity and sustainability and share the same values as I do. This is why I was more than pleased to be able to work with Ultimate Magazine which is an empowering and supportive platform.





6) Can you share a memorable moment from your modelling career that has left a lasting impression on you?

Photoshoots are my favourite! The energy on set is absolutely awesome. I love seeing all the creativity and talent that goes on, from getting our make-up done by makeup artists, to watching the other models have their pictures taken, Every model brings something different and equally incredible. My most recent photoshoot was with Laura Smit, and I absolutely love her work. It is so amazing to see how the photographer brings the vision to life.

7. How do you handle criticism or challenges in the modelling industry, and what advice would you give to aspiring models facing similar situations?

In the modelling industry, rejection is very common. I have learnt that not only is rejection normal, but it is also not personal. It is important for aspiring models to accept rejection and criticism as a part of their modelling journeys and continue working towards their goals. With constant encouragement from my mentor Courtney Talbot and incredible support from my family and friends, I am able to brush aside any fears of rejection and pursue my aspirations.





Faith Chuma



Lets get to know a bit more about Faith!

1. What social or community causes are you passionate about, and how do you plan to use your title to make a positive impact?

I am passionate about young people (young people from disadvantaged homes/areas to be precise), I believe that the youth is the Hope for our future. Empowering young people is like investing in our future. I am currently a part of Hope, Faith and Grace community project. It is a project that is very close to my heart (takes teenagers between the ages of 18 and 24 from foster homes as well as the streets, and equips them with the skills to survive in the world) this project was founded by Kerry-Leigh Wright, she's been running this project for 2 years now. I met her and the kids early this year and ever since I met them I had the urge to help them but I didn't know how until God put something in my heart. I will be hosting a charity event for them on the 25th of November to try and get non-perishable foods as well as toiletries for them.



2. How do you believe beauty and intelligence intersect, and how do you personally exemplify this combination?

That is a very beautiful combination to have, Beauty goes with how a person views and accepts themselves in society, doesn't matter whether you are light-skinned or dark, skinny or thick/plus size. As a person that is passionate about young people, I believe that it will be very easy to influence young people with that combination. Young people care a lot about their looks and how they appear in the world therefore it will be easy for them to listen to/ resonate with someone that they look up to/ whom they admire.





3. *In today's diverse society, how do you plan to promote inclusivity and celebrate different forms of beauty within your community?*

My plan is to make everyone belong, treating them equally and making them that they belong, accepting everyone how they are. As I believe that we are all human first before any race/nationality/culture therefore in all that we do humanity should be the center of it all, we should always have an open mind and help each other to be comfortable in expressing oneself and allowing everyone the safe place to practice their beliefs without any judgment.





Paige Lindenberg



The name “Lindenberg may ring a bell to many people that like speed.. As an avid follower of the FB page, Women in Motorsport, Paige has been on my radar for a long time, not only for the phenomenal race car driver she is, but for the phenomenal WOMAN she is. There is a deep caring side to Paige, seen in her eyes and small gestures as she celebrates others’ joy too!

We had the pleasure of interviewing Paige, and would like to share her with the world!

Where were you born, and how did your love of cars arise?

I was born in Johannesburg

My love for speed and cars started from the day I was born I would think. We were born into a family whose lives revolved around racing and boats, and skiing and all things fast and adrenaline. Our lives were very different from day 1. We all love cars, boats, speed, racing, adrenaline. I think it’s what we have known our whole lives:)

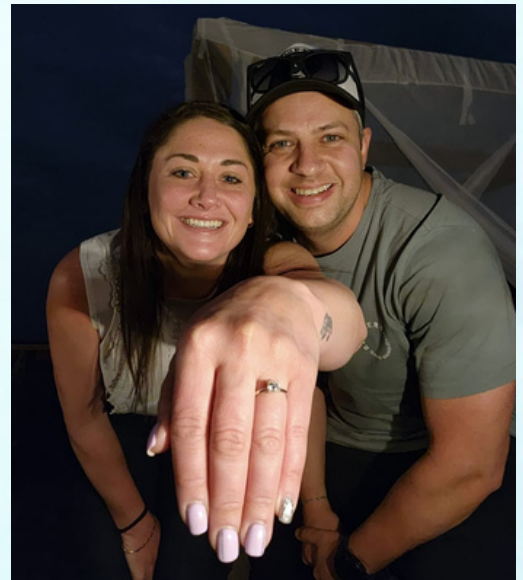


- Tell us a bit about yourself and your family?

I have incredible parents Peter and Debbie Lindenberg who have always been my biggest supporters and have always encouraged me to do all these crazy things. My dad is my hero and role model and his drive for life is my inspiration. My mom is the kindest, most supportive woman on the planet. She is our family's glue.

I have 2 sisters. Chiara is my older sister who is married to James Temple. She lives in JHB not far from me. She has a little boy, Remy Temple who is now 17 months old and he is the absolute apple of my eye. I love him like my own and we share a very special bond. My younger sister Abbi lives in the Netherlands with her husband Jacques Joubert. We miss her terribly but luckily see her around once a year.

I got engaged recently (29 July recent) to my Fiancé, Jonathan Baiocchi. He is the most amazing man full of adventure, humour, and fun. He is hugely supportive of me and my crazy lifestyle and I am very lucky to have him by my side.



PORT ELIZABETH March 4 2000

Speed champ's little girl takes the helm

By Samantha Smith

SHE'S only seven years old, but Paige Lindenberg is already giving her besotted dad a run for his money – behind the wheel of a powerboat!

The daughter of racing champion Peter Lindenberg, cute little Paige has left no one in doubt as to who she takes after in the family.

Not only is she the youngest powerboat pilot in the country, she also spends much of her time riding a jet-ski, a motor-bike and a four-wheeler – and has recently learnt how to drive a car!

The pint-sized adrenaline junkie and her dad, who has won the South African powerboat championships 13 times, are racing in the Portnet Harbour Festival this weekend.

Paige races a monohull powered by a 15-horsepower engine capable of speeds in the region of 40km/h in the junior Class B, which is for children aged between eight and 12.

"I had to get permission from the Powerboat Association for her to race because she's too young – and it was a bit difficult because I'm the president of the association," Mr Lindenberg said this week.

But to be honest, Mr Lindenberg isn't exactly ecstatic about his daughter taking up such a dangerous sport.

"It certainly wouldn't be my first choice for any of my children, even if they were boys," said the father of three daughters.

"But how can you tell your child not to do something her father does?"

"She has an obvious talent, and I believe that if she sticks to it, she'll win the junior champs in three years' time."

Paige had been a speed-freak all her life, he said. Two years ago she first asked if she could drive a boat on the Vaal River.

"After about a year of that she said she wanted to start racing. I told her she wasn't experienced enough, but she kept on nagging until I finally relented this week."

Paige loves racing on land as well, and was a passenger when her dad trained to break the land-speed record at Waterkloof Airbase last year.

"I took her on a training ride with me and we reached more than 320km/h, but she wasn't fazed at all."

The cute tomboy also rides four-wheelers and drives a jet-ski "fast enough to scare adults".

"She's also been driving my car, which is an automatic, for some time – her feet can only just reach the pedals – and has now started driving a manual," the proud dad said.

Paige loves wearing pretty dresses, and also takes ballet lessons, much to her mother's relief.

She is the middle daughter of Mr Lindenberg and his wife, Debbie.

Older sister Chiara, nine, is supportive of her dad's racing career, but shows absolutely no interest in racing herself.

"But I think my youngest daughter, Abbi, is going to be my biggest headache yet," Mr Lindenberg said.

"She's only four years old and already she has her own four-wheeler. In three weeks time she is taking part in her first official race!"

See Page 6

DADDY'S GIRL . . . South African powerboat champion and daughter Paige, seven. Picture: Eugene Coetzee

Paige Lindenberg Racing



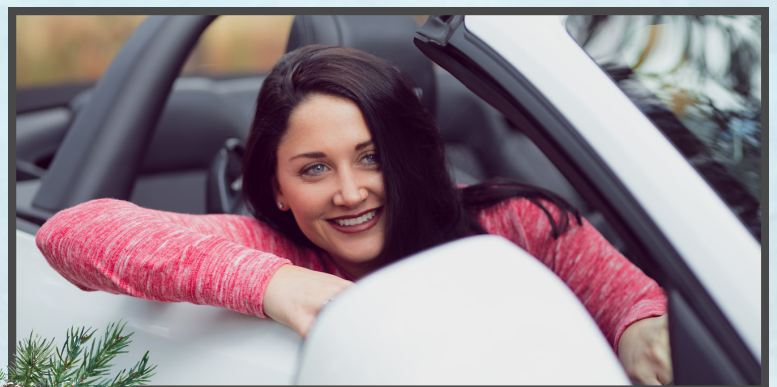
- What does it feel like - competing? Nerves before / getting ready etc?

I think it has become second nature. There are always a few little butterflies just before a race Strats but I love every second of what I do and I never doubt my ability or team in any way.

Race days are always chaotic as I work and race on the same day. So it's always tough to clear my head. I try to get into my car and zone out a bit before the race but I don't feel too much pressure at all.



When you look back at footage of inside our cars and of us driving, I don't think we realize how much we do behind the wheel as it has become so natural and second nature.



- Tell us a bit about the suit - and how it protects you?

So we wear fireproof underwear which is leggings and a long sleeve top as well as fireproof socks. This goes under your race suit / overall. We use Sabelt overalls from 1st Race which assures we are 100% safe when we get behind the wheel. My dad's car caught fire and the only part of his body that was affected was the parts of his face in his open-face helmet that was showing, the rest was perfectly fine thanks to Sharon and her team at 1st Race.



We then also wear a balaclava under our helmet that covers our face and neck which is also fire proof and then fire proof gloves.

It is a lot of layers and it gets extremely hot, especially in summer. There is no aircon in cars and we are wearing a million layers:)

We also wear special fire proof race boots that are also very flat and comfortable in order to feel the pedals and be able to heel toe and move your foot around without it getting hooked etc....

Heel toe is when you have to double clutch when changing gears in your car.





- Also let us know more about your amazing NPO cause and other passion regarding women?

I don't have my own NPO but I do a lot of charity work for all sorts of charities where I can. My passion is babies and children and I believe that they are in situations that are out of their control.

I work with Knysna Sedgfield Hospice for Hillcimby every year. I do as much as I can where I can for charities.





Paige recently won 1st place in the Women in Motorsport Category of the 2023 Women in Motoring Awards! This is a great prestige, fitting perfectly with this amazing lady.

We had a peak on her Facebook page, and would like to share her wonderful success! Please follow her on FB and Instagram too!



Paige Lindenberg

21 Oct at 08:19 · 🌐

1st in the 2023 Women in motoring awards in the Women in Motorsport category 🥰🙏🍷 What a night!!!! Thank you to everyone for the continuous love and support! I hope we are able to inspire countless young girls and women through our actions ❤️ #womeninmotoring #1st #winner #womeninmotorsport #grateful



Thank you for being a most amazing, inspirational woman, Paige!
May you have huge successes in 2024, we will continue to follow your amazing career and life!
Congratulations on your engagement, and your 1st place in the Women in Motorsport category of 2023 Women in Motoring! The Ultimate Magazine Team!

HAPPY

Holidays























Christmas



Culinary Ideas















Slow Cooker GRINCH HOT COCOA

heavy cream whole milk white chocolate chips
sweetened condensed milk vanilla extract
gel food coloring your favorite toppings

FULL RECIPE AT CRAYONSANDCRAVINGS.COM



Frosted Sugar Cookies

Butter
Sugar
Egg
Milk
Vanilla Extract
Flour
Baking Powder
Salt
Vanilla Frosting
Sprinkles



Cranberry Hot Pepper Jam

1 1/2 cups cranberries
1 1/2 cups red bell pepper
2 large jalapeno peppers
2 serrano peppers
2 cups plain white vinegar
6 cups sugar
4 teaspoons calcium water
1 tablespoon Pomona's Universal Pectin



Find more awesome recipes at www.barefeetinthekitchen.com

sweet potato brownies

combine in food processor, place in small loaf pan and cook for 12-15 minutes at 350F



1 cup cooked
mashed sweet potato



1/4 cup
cocoa powder



1/2 cup
nut butter



1/4 cup
maple syrup

follow @plantyou



CHRISTMAS SALAD



6 cups mixed greens
 ¼ cup red onion
 1 cup mandarin oranges
 ½ cup pomegranate seeds
 ½ cup feta cheese
 ½ cup candied pecans

ORANGE VINAIGRETTE

1 tbsp orange zest
 2 tbsp orange juice
 2 tbsp apple cider vinegar
 2 tbsp honey
 2 tsp Dijon mustard
 ½ tsp poppyseeds
 kosher salt to taste
 ½ cup olive oil

HOMEMADE COQUITO



27 oz coconut milk
 15 oz cream of coconut
 14 oz condensed milk
 12 oz evaporated milk
 2 tsp vanilla extract
 1 tsp ground cinnamon
 1/2 tsp ground nutmeg
 1/4 tsp ground cloves
 2 tsp rum extract, optional



Christmas Salad



SALAD

- BROCCOLI
- CAULIFLOWER
- RED ONION
- CHERRY TOMATOES
- SHREDDED CHEESE

DRESSING

- MAYONNAISE
- SOUR CREAM
- CIDER VINEGAR
- SUGAR
- BLACK PEPPER



CHRISTMAS-TREE COOKIES

Makes about 4 dozen Women's Day Kitchen

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| 1/2 cup butter | 1/4 teaspoon salt |
| 1 cup granulated sugar | Confectioners'-sugar frosting |
| 1/2 teaspoon vanilla | Green coloring |
| 1 egg | Tiny multicolored candies |
| 2 cups sifted flour | Red cinnamon candies |
| 1 teaspoon baking powder | |

Cream butter; add sugar, vanilla, and egg; beat until light. Add sifted dry ingredients. Chill for several hours, or until firm enough to roll. Roll to 1/8-inch thickness. Cut with floured, Christmas-tree cutter. Bake on cookie sheets in moderate oven, 325° F., for about 8 minutes. Cool on wire racks. Tint frosting green, and decorate trees with candies as shown above.



BUTTERSCOTCH REFRIGERATOR COOKIES

Makes about 6 dozen Women's Day Kitchen

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| 1 cup butter | 2 eggs |
| 1/2 cup granulated sugar | 2-3/4 cups sifted flour |
| 1/2 cup light-brown sugar, packed | 1/2 teaspoon salt |
| 1 teaspoon vanilla | 1/2 teaspoon soda |
| | 1/2 cup finely chopped nuts |

Cream butter; add sugar, vanilla, and eggs, one at a time; beat until light. Add sifted dry ingredients and nuts. Chill for about 2 hours. Shape into two loaves 2 inches square. Wrap in waxed paper, and chill overnight. Slice 1/8 inch thick. Bake on cookie sheets in hot oven, 400° F., for 5 to 8 minutes. Remove to wire racks while hot.



SWISS CINNAMON STARS

Makes about 5 dozen Women's Day Kitchen

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| 2 cups blanched almonds | Confectioners' sugar (about 1-1/2 pounds) |
| 4 egg whites | 2 tablespoons cinnamon |
| Grated rind and juice 1/2 lemon | |

Grate almonds in rotary grater. Beat egg whites until stiff. Add rind, juice, and 2 cups sugar. Continue beating until very stiff. Measure 1 cup; reserve. To remaining mixture, add almonds and cinnamon. Put on board generously sprinkled with confectioners' sugar. Sprinkle top with sugar. Roll very thin with sugar-dusted rolling pin. Cut with star-shaped cutter. Put on brown paper on cookie sheets. Spread with egg-white mixture. Bake in slow oven, 250° F., for about 30 minutes. Slip paper onto wet table or board. Let stand for 1 minute. Loosen stars; lift to rack. Store airtight 1 week before using.



BRANDY WAFERS

Makes about 5 dozen Women's Day Kitchen

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|------------------------------|--------------------------|
| 1/2 cup molasses | 2/3 cup granulated sugar |
| 1/2 cup butter | 1 tablespoon ginger |
| 1-1/4 cups sifted cake flour | 3 tablespoons brandy |
| 1/4 teaspoon salt | |

Heat molasses to boiling. Add butter. Add sifted dry ingredients gradually, stirring constantly. Stir in brandy. Drop by half measuring teaspoonfuls 3 inches apart on greased cookie sheets. Bake, 6 cookies at a time, in slow oven, 300° F., for 8 to 10 minutes. Cool for 1 minute. Remove with spatula, and roll at once around handle of wooden spoon. If removed too soon, wafers will break; if not soon enough, they will not roll.





Christmas Tree Waffles



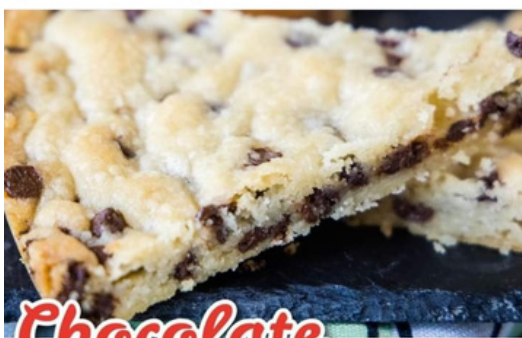
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kid friendly things to do



<https://dinnersdishesanddesserts.com/chocolate-chip-shortbread>



Chocolate Chip Shortbread

- Butter
- Sugar
- Vanilla Extract
- Flour
- Salt



Christmas GUMDROPS

granulated sugar
unsweetened applesauce
red or green jello mix
unflavored gelatin

FULL RECIPE AT CRAYONSANDCRAVINGS.COM



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